



MECOPP Black and Minority Ethnic (BME) Carer Support Service

**Working with and for
Black and Minority Ethnic carers**



Who are we?

MECOPP is an Edinburgh based charity providing a range of supports and services to informal carers and those in receipt of care across Scotland. We work primarily with communities who experience disadvantage due to ethnicity, age, disability or other protected characteristics.



What is the MECOPP Black & Minority Ethnic Carer Support Service?

The MECOPP Black & Minority Ethnic Carer Support Service works with Minority Ethnic carers and cared for people across a range of different ethnic groups. Working closely with individuals, we aim to improve the health, wellbeing and resilience of carers to better enable them to manage their caring role. We also work to raise awareness of the specific needs of BME carers and to support service providers to better respond to their needs. Our direct service provision is only available within Edinburgh and the Lothians.



What we do



- ❖ We provide **advice and information**, both written and spoken, in a range of community languages on rights and entitlements, health, social care, welfare benefits and other community-based services.
- ❖ We provide **advocacy and casework support** to help carers and cared for people access the supports and services needed to assist them in their caring role including applying for welfare benefits and other forms of financial support.
- ❖ We provide a range of **social, recreational and therapeutic activities** to support and improve the mental health and wellbeing of carers and cared for people.
- ❖ We deliver **awareness-raising sessions** to a wide range of service providers and practitioners which aim to dispel myths and encourage culturally competent practice.
- ❖ We **advise on, and develop policy**, at both local and national Government level.



Our Team

❖ **Kavita Chand**

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Ruby is the Chinese Carer Support & Development Worker
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More information on MECOPP and the Gypsy/Traveller Carer Support Service can be found at www.mecopp.org.uk

Thank you to our funders



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